

Orka SwimPower'26



MOSiR
CIECHANÓW



Pod patronatem Prezydenta Miasta Ciechanów

1. Objective of the sports event:

- popularization of swimming among children and youth
- integration of swimming clubs
- promotion of the city of Ciechanów and the MOSiR "U Ciecha" swimming pool

2. Organizer:

- Municipal Swimming Sports Club "ORKA" Ciechanów
- Ciechanów City Hall
- Municipal Sports and Recreation Centre in Ciechanów

3. Date and place of the competition:

- September 26, 2026 - 2 blocks (Saturday)
- Ciechanów - "U Ciecha" swimming pool, ul. 17 Stycznia 60 B
- Swimming pool length: 25 m, 6 lanes, water temperature: 27 degrees Celsius
- Electronic time measurement

4. Participation:

Competitors born in the following years may participate in the competition:

- Block I – 2019 and younger, 2018, 2017, 2016, 2015, 2014, 2013, 2012, 2011 and older
- Block II – 2019 and younger, 2018, 2017, 2016, 2015, 2014, 2013, 2012, 2011 and older
- and having current medical examinations.

Orka SwimPower'26



Pod patronatem Prezydenta Miasta Ciechanów

5. Competition program:

5. BLOCK I – 26/09/2026 (Saturday) - warm-up 8:00-8:45 AM. Competition starts 9:00 AM.

WOMEN and MEN

1, 2 - 50 freestyle OrkaSwimPower - OPEN: ELIMINATIONS

3, 4 - 25 freestyle - 2019 and younger

5, 6 - 100 breaststroke - 2015 and older

7, 8 - 25 backstroke - 2019 and younger

9, 10 - 100 Butterfly - 2015 and older

11, 12 - 50 backstroke - 2018 and older

13 - 4 x 25 freestyle - MIX category 2019 and younger, 2018, 2017, 2016

**BLOCK II – 26/09/2026 (Saturday) - warm-up 2:00 p.m. - 2:45 p.m.
Competition starts 3:00 p.m.**

WOMEN and MEN

1, 2 - 50 freestyle OrkaSwimPower - OPEN FINAL

14, 15 - 25 breaststroke - 2019 and younger

16, 17 - 100 backstroke - 2015 and older

18, 19 - 50 breaststroke - 2018 and older

20, 21 - 25 butterfly - 2019 and younger

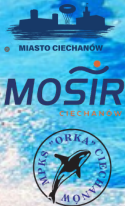
22, 23 - 100 freestyle - 2015 and older

24, 25 - 50 butterfly - 2018 and older

26, 27 - 100 medley - 2015 and older

28 - 4 x 50 freestyle - Years: 2015, 2014, 2013, 2012, 2011 and older

Orka SwimPower'26



Pod patronatem Prezydenta Miasta Ciechanów

6. Competition entries:

- Registration for the competition must be made in the **SEL** system by **24/09/2026** by an authorized person on behalf of the club. After this date, no changes are possible, only deletion of the registered competitor.
- Competitors born in **2019 and younger, as well as those without a license**, can be registered in an **.lxf** file generated in the Entry Editor program by **24/09/2026**, to the following e-mail address: **zawody@wmozp.pl**
- Deletions must be made by **12:00 noon on 25/09/2026**, to the following e-mail address: **zawody@wmozp.pl**
- After this time, no changes will be possible and fees will be charged according to previous notifications.
- Start lists will be published on Friday, September 25, 2026, on the websites **www.livetimesing.pl** and **www.wmozp.pl**
- The competition results will be posted on the websites: **www.livetimesing.pl** and **www.wmozp.pl**

7. Financing rules:

- Organizational costs are covered by the organizer.
- The entry fee is **PLN 25 for each registered competitor, relay start PLN 40** – payable by bank transfer by **25/09/2026** to the account of MPKS ORKA Ciechanów at PEKAO S.A. bank no. **46 1240 5282 1111 0010 7067 3701** or in **cash at the competition office before the start.**

Orka SwimPower'26



MOŚIR
CIECHANÓW



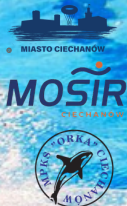
Pod patronatem Prezydenta Miasta Ciechanów

- Clubs paying by bank transfer must present proof of payment before the start of the competition (transfer reference: **club name, number of starts, relays**). The competition office will be open **from 8:00 a.m.**
- Contact telephone number to the organizer: organizational and order matters are explained by **Mr. Gabriel Kowalski - tel. 501 507 606**, **Mr. Rafał Michniewicz - tel. 604 608 983**

8. Technical information:

- Competitors will be seeded into timed heats based on SwimRankings times from slowest to fastest. We'll start with a staggered start.
- The competition will be conducted in accordance with FINA and PZP regulations.
- Competitors are required to wear swimming costumes in accordance with applicable regulations.
- In matters not covered by the regulations, the Chief Judge of the competition decides in consultation with the organizer.
- Each competitor has the right to start **in any number of events in each competition block.**
- Medals will be awarded to the top three finishers in each event and age category. Competitors finishing in **places 1-6 will receive diplomas.**

Orka SwimPower'26



Pod patronatem Prezydenta Miasta Ciechanów

- In the **finals of the 50 freestyle – OrkaSwimPower**, the **top 6 swimmers from the 50 freestyle Orka Swim Power OPEN men's and women's events will qualify for the competition, separately**. Medals will be awarded to all other age groups after the qualifying rounds, according to their age categories. **Places 7 and 8 will remain reserved for the finals**, in the event of any withdrawals of competitors ranked 1-6. **Withdrawal from the finals will be made until the end of the 10th round of the men's 100 butterfly event.** In the 50 freestyle OrkaSwimPower event, 5 rounds will be held consecutively (starting in 3'). After each round, the swimmer with the slowest time will be eliminated. The swimmer who wins the last 5 rounds of the final event wins. **1st place receives a cash prize of PLN 400, 2nd place receives PLN 250, and 3rd place receives PLN 100.** In addition, competitors from places 1-6 will receive commemorative medals.
- The winning relay teams, finishing 1st through 3rd, will receive medals and a diploma. Each club may enter one freestyle relay team in each age category. If a competitor in a given age group is unavailable, a younger competitor may participate.
- Relays - MIX/2+2/
- **In competitions over a distance of 25 meters, the use of so-called supporting devices is permitted: board, noodles, armbands.**

Orka SwimPower'26



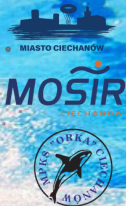
MOŚIR
CIECHANÓW



Pod patronatem Prezydenta Miasta Ciechanów

- W zawodach zostaną wyłonieni najlepsi zawodnicy w każdym roczniku oddzielnie dla kobiet i mężczyzn. Dla najlepszego zawodnika/najlepszej zawodniczki zawodów **ORKA SwimPower'26** zostaną wręczone **pamiątkowe puchary lub statuetki za sumę 3 najlepszych startów** roczniki 2019 i młodsi, 2018, 2017 i 2016 oraz **4 najlepszych startów** pozostałe roczniki, według punktacji FINA. Nagrodzeni zostaną zawodnicy, oddzielnie kobiety i mężczyźni, według następujących kategorii wiekowych: 2019 i młodsi, 2018, 2017, 2016, 2015, 2014, 2013, 2012, 2011 i starsi.
- Dekoracje będą odbywały się w trakcie trwania zawodów.
- W trakcie rozgrzewki **tor nr 1 jest torem jednokierunkowym**. Od strony słupków startowych służy do startów, a z drugiej strony do nawrotów. Prosimy trenerów/opiekunów grup o dopilnowanie bezpieczeństwa dzieci w trakcie rozgrzewki.
- Organizator zastrzega sobie prawo możliwości zmiany godziny rozpoczęcia II bloku zawodów, w przypadku przedłużenia się w czasie I bloku.
- Ustala się limit **ok. 500 zawodników** startujących w zawodach. Decyduje kolejność zgłoszeń. Po przekroczeniu w/w limitu zgłoszenia mogą zostać zamknięte.

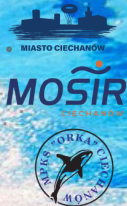
Orka SwimPower'26



Pod patronatem Prezydenta Miasta Ciechanów

- The competition will determine the best swimmers in each age group, separately for men and women. The best swimmer of the **ORKA SwimPower'26** competition will receive **commemorative trophies or statuettes for the three best swimmers (age groups 2019 and younger, 2018, 2017, and 2016), and the four best swimmers (age groups other than 2019 and younger), according to FINA points.** Awards will be given to swimmers, separately for men and women, in the following age categories: 2019 and younger, 2018, 2017, 2016, 2015, 2014, 2013, 2012, and 2011 and older.
- Decorations will take place during the competition.
- During the warm-up, **lane number 1 is a one-way lane.** The starting gates are for starts, while the other side is for turns. We ask coaches/group leaders to ensure the safety of children during the warm-up.
- The organizer reserves the right to change the starting time of the second block of the competition in the event of an extension of the first block.
- There is a limit of approximately 500 competitors participating in the competition. Registrations will be accepted on a first-come, first-served basis. Registrations may be closed if this limit is exceeded.

Orka SwimPower'26



Pod patronatem Prezydenta Miasta Ciechanów

9. RODO/Acceptance of consents:

- Each registered competitor accepts the above regulations and consents to the processing of personal data (name, surname, date of birth, club) for the purposes of conducting the swimming competition by MPKS Orka Ciechanów, Ciechanów Municipal Office and MOSiR in Ciechanów, in accordance with the RODO;
- Each participant registered for the competition consents to the use of his/her image in local media, social media and on the Facebook page of MPKS Orka Ciechanów, Ciechanów Municipal Office and MOSiR Ciechanów, in accordance with the RODO law;
- Entry into the competition is tantamount to acceptance of the above-mentioned consents.

10. It is possible to book accommodation and meals:

- Zajazd "TUR" w Niestumiu - tel. 23/672-32-30, 500-097-174;
- Hotel "Ciechanów" (by the pool) - 23/673-24-84;
- Hotel Korona w Ciechanowie - tel. 23/672-52-58, 23/672-52-54;
- Hotel Atena w Ciechanowie - tel. 23/672-32-32, 23/672-32-64, 502-408-010;
- Pizzeria Hit Smakowy Ciechanów - tel. 539 691 961/23 672 11 30 Current Menu:
www.hitsmakowy.pl

Orka SwimPower'26



Pod patronatem Prezydenta Miasta Ciechanów

11. Media patrons of the competition:



12. Sponsors and partners of the competition:



Bank Spółdzielczy
w Raciążu

