

Warszawska Olimpiada Młodzieży rocznik - 2012
Warszawa, 15. - 16.5.2025

Konkurencja 9
15.05.2025 - 10:48

Dziewcząt, 400m dowolny

13 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.									Czas	Pkt.	
1.	KRYSZKIEWICZ Lidia			12	MKS „Jagiellonka" Warszawa					5:05.80	432	
	50m:	32.60	32.60	150m:	1:49.05	38.86	250m:	3:08.57	39.85	350m:	4:27.89	39.48
	100m:	1:10.19	37.59	200m:	2:28.72	39.67	300m:	3:48.41	39.84	400m:	5:05.80	37.91
2.	VERAKSA Alisa			12	UKS „Skalar" Warszawa					5:07.40	426	
	50m:	35.28	35.28	150m:	1:53.54	39.69	250m:	3:12.93	39.28	350m:	4:30.64	38.77
	100m:	1:13.85	38.57	200m:	2:33.65	40.11	300m:	3:51.87	38.94	400m:	5:07.40	36.76
3.	RZEMIENIEWSKA Aurelia			12	UKP „Polonia Warszawa"					5:08.19	422	
	50m:	35.33	35.33	150m:	1:53.17	39.24	250m:	3:12.58	39.22	350m:	4:30.39	38.79
	100m:	1:13.93	38.60	200m:	2:33.36	40.19	300m:	3:51.60	39.02	400m:	5:08.19	37.80
4.	SAWICKA Laura			12	UKP „Polonia Warszawa"					5:25.35	359	
	50m:	36.55	36.55	150m:	1:59.08	41.82	250m:	3:22.92	41.02	350m:	4:46.00	41.39
	100m:	1:17.26	40.71	200m:	2:41.90	42.82	300m:	4:04.61	41.69	400m:	5:25.35	39.35
5.	HUTKOWSKA Marta			12	UKS 307 Warszawa					5:53.29	280	
	50m:	36.82	36.82	150m:	2:05.22	45.21	250m:	3:37.48	46.16	350m:	5:10.01	46.04
	100m:	1:20.01	43.19	200m:	2:51.32	46.10	300m:	4:23.97	46.49	400m:	5:53.29	43.28
6.	TELESIEWICZ Hanna			12	UKS G-8 Bielany Warszawa					5:54.16	278	
	50m:	41.10	41.10	150m:	2:11.48	45.44	250m:	3:40.57	44.02	350m:	5:13.29	46.22
	100m:	1:26.04	44.94	200m:	2:56.55	45.07	300m:	4:27.07	46.50	400m:	5:54.16	40.87
7.	CENIAN Natalia			12	IUKS „Muszelka" Warszawa					6:04.90	254	
	50m:	37.95	37.95	150m:	2:08.69	46.57	250m:	3:43.07	46.69	350m:	5:19.00	46.17
	100m:	1:22.12	44.17	200m:	2:56.38	47.69	300m:	4:32.83	49.76	400m:	6:04.90	45.90
8.	TYRCZ Helena			12	IUKS „Muszelka" Warszawa					6:10.13	244	
	50m:	40.55	40.55	150m:	2:12.98	46.96	250m:	3:48.45	48.29	350m:	5:23.52	47.36
	100m:	1:26.02	45.47	200m:	3:00.16	47.18	300m:	4:36.16	47.71	400m:	6:10.13	46.61