

Warszawska Olimpiada Młodzieży roczniki – 2010-2011
Warszawa, 22. - 23.5.2025

Konkurencja 31
23.05.2025 - 11:31

Dziewcząt, 400m dowolny

14 - 15 lat
Wyniki

Punkty: AQUA 2024

Pozycja				Rok ur.					Czas	Pkt.
1.	GOŁUB Karolina			10	UKS „GIM 92 Ursynów”				4:31.52	618
	50m:	31.18	31.18	150m:	1:39.48	34.44	250m:	2:49.79	35.77	350m: 3:58.91 34.35
	100m:	1:05.04	33.86	200m:	2:14.02	34.54	300m:	3:24.56	34.77	400m: 4:31.52 32.61
2.	PIETUCH Antonina			10	AZS AWF Warszawa				4:36.15	587
	50m:	31.94	31.94	150m:	1:42.64	35.58	250m:	2:52.52	34.35	350m: 4:02.09 34.56
	100m:	1:07.06	35.12	200m:	2:18.17	35.53	300m:	3:27.53	35.01	400m: 4:36.15 34.06
3.	KOPP Zuzanna			10	UKP „Polonia Warszawa”				4:38.75	571
	50m:	31.30	31.30	150m:	1:41.42	35.49	250m:	2:52.69	35.59	350m: 4:04.16 35.51
	100m:	1:05.93	34.63	200m:	2:17.10	35.68	300m:	3:28.65	35.96	400m: 4:38.75 34.59
4.	MATOWICKA Maja			10	MKS „Jagiellonka” Warszawa				4:42.64	548
	50m:	31.83	31.83	150m:	1:41.80	35.54	250m:	2:53.75	35.94	350m: 4:06.66 36.34
	100m:	1:06.26	34.43	200m:	2:17.81	36.01	300m:	3:30.32	36.57	400m: 4:42.64 35.98
5.	CZECHMAŃSKA Antonina			10	UKP „Polonia Warszawa”				4:50.25	506
	50m:	32.92	32.92	150m:	1:45.99	36.65	250m:	2:59.66	36.78	350m: 4:14.07 36.98
	100m:	1:09.34	36.42	200m:	2:22.88	36.89	300m:	3:37.09	37.43	400m: 4:50.25 36.18
6.	ROKICKA Gabriela			10	UKS Manta Warszawa Włochy				4:53.23	490
	50m:	32.03	32.03	150m:	1:44.10	36.39	250m:	2:58.70	37.82	350m: 4:15.08 38.46
	100m:	1:07.71	35.68	200m:	2:20.88	36.78	300m:	3:36.62	37.92	400m: 4:53.23 38.15
7.	NIZIO Kamila			10	UKS „GIM 92 Ursynów”				4:54.03	486
	50m:	32.85	32.85	150m:	1:48.54	38.10	250m:	3:04.81	37.88	350m: 4:19.14 37.10
	100m:	1:10.44	37.59	200m:	2:26.93	38.39	300m:	3:42.04	37.23	400m: 4:54.03 34.89
8.	LACH Maria			11	MKS Ochota Warszawa				4:55.05	481
	50m:	31.82	31.82	150m:	1:44.69	36.94	250m:	3:00.43	37.92	350m: 4:17.88 38.56
	100m:	1:07.75	35.93	200m:	2:22.51	37.82	300m:	3:39.32	38.89	400m: 4:55.05 37.17
9.	IWAŃSKA Wiktoria			11	MKS „Jagiellonka” Warszawa				4:55.61	479
	50m:	32.49	32.49	150m:	1:46.62	37.74	250m:	3:02.49	37.83	350m: 4:18.68 38.21
	100m:	1:08.88	36.39	200m:	2:24.66	38.04	300m:	3:40.47	37.98	400m: 4:55.61 36.93
10.	STANISZEWSKA Maja			10	UKS G-8 Bielany Warszawa				4:58.05	467
	50m:	33.35	33.35	150m:	1:47.41	37.50	250m:	3:03.58	38.24	350m: 4:20.89 38.86
	100m:	1:09.91	36.56	200m:	2:25.34	37.93	300m:	3:42.03	38.45	400m: 4:58.05 37.16
11.	WITTBRODT Alicja			11	UKP „Polonia Warszawa”				4:59.97	458
	50m:	33.89	33.89	150m:	1:50.12	38.46	250m:	3:06.88	38.34	350m: 4:22.89 37.79
	100m:	1:11.66	37.77	200m:	2:28.54	38.42	300m:	3:45.10	38.22	400m: 4:59.97 37.08
12.	ZYCH Martyna			10	MKS „Jagiellonka” Warszawa				5:01.97	449
	50m:	34.32	34.32	150m:	1:51.09	39.05	250m:	3:07.18	38.22	350m: 4:24.28 38.39
	100m:	1:12.04	37.72	200m:	2:28.96	37.87	300m:	3:45.89	38.71	400m: 5:01.97 37.69
13.	ROKICKA Alicja			11	MKS „Jagiellonka” Warszawa				5:04.85	436
	50m:	33.82	33.82	150m:	1:51.32	39.30	250m:	3:10.21	39.26	350m: 4:28.61 38.92
	100m:	1:12.02	38.20	200m:	2:30.95	39.63	300m:	3:49.69	39.48	400m: 5:04.85 36.24
14.	DAMIĘCKA Blanka			10	MKS „Jagiellonka” Warszawa				5:08.00	423
	50m:	35.81	35.81	150m:	1:54.19	39.09	250m:	3:13.17	39.92	350m: 4:30.73 38.27
	100m:	1:15.10	39.29	200m:	2:33.25	39.06	300m:	3:52.46	39.29	400m: 5:08.00 37.27
15.	DANISZEWSKA Aleksandra			11	UKS „GIM 92 Ursynów”				5:11.75	408
	50m:	35.88	35.88	150m:	1:55.87	39.91	250m:	3:15.55	39.59	350m: 4:33.95 38.85
	100m:	1:15.96	40.08	200m:	2:35.96	40.09	300m:	3:55.10	39.55	400m: 5:11.75 37.80
16.	NIEDZIŃSKA Bianka			10	UKS G-8 Bielany Warszawa				5:11.87	407
	50m:	33.06	33.06	150m:	1:49.83	39.51	250m:	3:10.74	40.35	350m: 4:33.05 41.34
	100m:	1:10.32	37.26	200m:	2:30.39	40.56	300m:	3:51.71	40.97	400m: 5:11.87 38.82
17.	WIĘCEK Alicja			11	UKS WAWER Warszawa				5:18.81	381
	50m:	35.78	35.78	150m:	1:55.66	40.32	250m:	3:18.36	41.69	350m: 4:40.19 41.07
	100m:	1:15.34	39.56	200m:	2:36.67	41.01	300m:	3:59.12	40.76	400m: 5:18.81 38.62

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18.	GAJEWSKA Karolina			10	UKS G-8 Bielany Warszawa					5:21.93	370	
	50m:	34.76	34.76	150m:	1:55.74	41.40	250m:	3:18.55	41.27	350m:	4:41.39	41.04
	100m:	1:14.34	39.58	200m:	2:37.28	41.54	300m:	4:00.35	41.80	400m:	5:21.93	40.54
19.	KURZYP Lena			11	UKP „Polonia Warszawa"					5:28.88	347	
	50m:	38.60	38.60	150m:	2:02.88	42.92	250m:	3:27.26	41.41	350m:	4:49.73	40.59
	100m:	1:19.96	41.36	200m:	2:45.85	42.97	300m:	4:09.14	41.88	400m:	5:28.88	39.15