

Warszawska Olimpiada Młodzieży roczniki – 2010-2011  
Warszawa, 22. - 23.5.2025

Konkurencja 32  
23.05.2025 - 11:54

Chłopców, 400m dowolny

14 - 15 lat  
Wyniki

Punkty: AQUA 2024

| Pozycja                 | Rok ur.       |                            |               |       | Czas           |  |  |  | Pkt.  |
|-------------------------|---------------|----------------------------|---------------|-------|----------------|--|--|--|-------|
| 1. KACZMAREK Mikołaj    | 11            | UKS „GIM 92 Ursynów"       |               |       | <b>4:07.61</b> |  |  |  | 629   |
| 50m: 29.17 29.17        | 150m: 1:33.16 | 31.94                      | 250m: 2:36.62 | 31.69 | 350m: 3:38.83  |  |  |  | 30.71 |
| 100m: 1:01.22 32.05     | 200m: 2:04.93 | 31.77                      | 300m: 3:08.12 | 31.50 | 400m: 4:07.61  |  |  |  | 28.78 |
| 2. PRYCZYNICZ Olaf      | 10            | UKS G-8 Bielany Warszawa   |               |       | <b>4:12.78</b> |  |  |  | 591   |
| 50m: 27.81 27.81        | 150m: 1:30.72 | 31.79                      | 250m: 2:36.16 | 32.48 | 350m: 3:40.50  |  |  |  | 32.25 |
| 100m: 58.93 31.12       | 200m: 2:03.68 | 32.96                      | 300m: 3:08.25 | 32.09 | 400m: 4:12.78  |  |  |  | 32.28 |
| 3. KWIATKOWSKI Jan      | 10            | UKS „GIM 92 Ursynów"       |               |       | <b>4:14.04</b> |  |  |  | 583   |
| 50m: 28.67 28.67        | 150m: 1:33.70 | 32.94                      | 250m: 2:39.10 | 32.24 | 350m: 3:42.71  |  |  |  | 31.86 |
| 100m: 1:00.76 32.09     | 200m: 2:06.86 | 33.16                      | 300m: 3:10.85 | 31.75 | 400m: 4:14.04  |  |  |  | 31.33 |
| 4. OSTASZEWSKI Szymon   | 10            | UKS „GIM 92 Ursynów"       |               |       | <b>4:15.70</b> |  |  |  | 571   |
| 50m: 27.73 27.73        | 150m: 1:32.05 | 33.20                      | 250m: 2:38.04 | 32.96 | 350m: 3:44.02  |  |  |  | 32.74 |
| 100m: 58.85 31.12       | 200m: 2:05.08 | 33.03                      | 300m: 3:11.28 | 33.24 | 400m: 4:15.70  |  |  |  | 31.68 |
| 5. TARASEK Igor         | 10            | UKS G-8 Bielany Warszawa   |               |       | <b>4:15.98</b> |  |  |  | 570   |
| 50m: 28.52 28.52        | 150m: 1:30.68 | 31.33                      | 250m: 2:35.36 | 32.49 | 350m: 3:41.23  |  |  |  | 33.00 |
| 100m: 59.35 30.83       | 200m: 2:02.87 | 32.19                      | 300m: 3:08.23 | 32.87 | 400m: 4:15.98  |  |  |  | 34.75 |
| 6. YAROSHENKO Alexander | 10            | UKS G-8 Bielany Warszawa   |               |       | <b>4:17.36</b> |  |  |  | 560   |
| 50m: 28.47 28.47        | 150m: 1:33.01 | 32.62                      | 250m: 2:38.74 | 32.89 | 350m: 3:45.15  |  |  |  | 33.09 |
| 100m: 1:00.39 31.92     | 200m: 2:05.85 | 32.84                      | 300m: 3:12.06 | 33.32 | 400m: 4:17.36  |  |  |  | 32.21 |
| 7. KUCZMAR Zbigniew     | 11            | MKS Ochota Warszawa        |               |       | <b>4:24.02</b> |  |  |  | 519   |
| 50m: 30.23 30.23        | 150m: 1:36.60 | 33.44                      | 250m: 2:43.91 | 33.39 | 350m: 3:51.25  |  |  |  | 33.78 |
| 100m: 1:03.16 32.93     | 200m: 2:10.52 | 33.92                      | 300m: 3:17.47 | 33.56 | 400m: 4:24.02  |  |  |  | 32.77 |
| 8. KUPISZEK Antoni      | 10            | UKP „Polonia Warszawa"     |               |       | <b>4:24.60</b> |  |  |  | 516   |
| 50m: 29.86 29.86        | 150m: 1:37.47 | 34.19                      | 250m: 2:44.46 | 32.81 | 350m: 3:52.17  |  |  |  | 33.53 |
| 100m: 1:03.28 33.42     | 200m: 2:11.65 | 34.18                      | 300m: 3:18.64 | 34.18 | 400m: 4:24.60  |  |  |  | 32.43 |
| 9. KARDAS Tomasz        | 10            | UKS "Wodnik Gocław"        |               |       | <b>4:28.03</b> |  |  |  | 496   |
| 50m: 28.77 28.77        | 150m: 1:35.82 | 34.30                      | 250m: 2:45.45 | 34.99 | 350m: 3:55.70  |  |  |  | 34.94 |
| 100m: 1:01.52 32.75     | 200m: 2:10.46 | 34.64                      | 300m: 3:20.76 | 35.31 | 400m: 4:28.03  |  |  |  | 32.33 |
| 10. MILEWSKI Jan        | 11            | UKS „GIM 92 Ursynów"       |               |       | <b>4:29.83</b> |  |  |  | 486   |
| 50m: 29.54 29.54        | 150m: 1:37.82 | 34.85                      | 250m: 2:48.38 | 35.36 | 350m: 3:57.20  |  |  |  | 34.11 |
| 100m: 1:02.97 33.43     | 200m: 2:13.02 | 35.20                      | 300m: 3:23.09 | 34.71 | 400m: 4:29.83  |  |  |  | 32.63 |
| 11. KUSYK Franciszek    | 11            | MKS „Jagiellonka" Warszawa |               |       | <b>4:31.33</b> |  |  |  | 478   |
| 50m: 30.13 30.13        | 150m: 1:39.30 | 35.26                      | 250m: 2:49.40 | 34.94 | 350m: 3:57.24  |  |  |  | 33.19 |
| 100m: 1:04.04 33.91     | 200m: 2:14.46 | 35.16                      | 300m: 3:24.05 | 34.65 | 400m: 4:31.33  |  |  |  | 34.09 |
| 12. RYMARCZUK Jan       | 10            | UKS „GIM 92 Ursynów"       |               |       | <b>4:32.28</b> |  |  |  | 473   |
| 50m: 28.42 28.42        | 150m: 1:34.58 | 34.03                      | 250m: 2:45.85 | 36.55 | 350m: 3:57.48  |  |  |  | 35.92 |
| 100m: 1:00.55 32.13     | 200m: 2:09.30 | 34.72                      | 300m: 3:21.56 | 35.71 | 400m: 4:32.28  |  |  |  | 34.80 |
| 13. STRYCYŃSKI Szymon   | 10            | MKS „Jagiellonka" Warszawa |               |       | <b>4:32.74</b> |  |  |  | 471   |
| 50m: 29.98 29.98        | 150m: 1:38.32 | 34.67                      | 250m: 2:48.30 | 35.02 | 350m: 3:58.24  |  |  |  | 35.00 |
| 100m: 1:03.65 33.67     | 200m: 2:13.28 | 34.96                      | 300m: 3:23.24 | 34.94 | 400m: 4:32.74  |  |  |  | 34.50 |
| 14. PSODA Filip         | 10            | MKS „Jagiellonka" Warszawa |               |       | <b>4:33.56</b> |  |  |  | 467   |
| 50m: 31.29 31.29        | 150m: 1:41.37 | 34.89                      | 250m: 2:51.48 | 34.35 | 350m: 4:00.65  |  |  |  | 34.44 |
| 100m: 1:06.48 35.19     | 200m: 2:17.13 | 35.76                      | 300m: 3:26.21 | 34.73 | 400m: 4:33.56  |  |  |  | 32.91 |
| 15. URBAŃSKI Dariusz    | 10            | MKS „Jagiellonka" Warszawa |               |       | <b>4:35.92</b> |  |  |  | 455   |
| 50m: 30.67 30.67        | 150m: 1:38.58 | 34.07                      | 250m: 2:48.90 | 35.11 | 350m: 4:00.92  |  |  |  | 36.03 |
| 100m: 1:04.51 33.84     | 200m: 2:13.79 | 35.21                      | 300m: 3:24.89 | 35.99 | 400m: 4:35.92  |  |  |  | 35.00 |
| 16. PIETRYCH Igor       | 10            | UKS „GIM 92 Ursynów"       |               |       | <b>4:42.57</b> |  |  |  | 423   |
| 50m: 32.05 32.05        | 150m: 1:43.77 | 36.26                      | 250m: 2:55.26 | 35.85 | 350m: 4:06.71  |  |  |  | 35.97 |
| 100m: 1:07.51 35.46     | 200m: 2:19.41 | 35.64                      | 300m: 3:30.74 | 35.48 | 400m: 4:42.57  |  |  |  | 35.86 |
| 17. GRAF Tymon          | 11            | UKP „Polonia Warszawa"     |               |       | <b>4:43.50</b> |  |  |  | 419   |
| 50m: 30.93 30.93        | 150m: 1:43.64 | 36.51                      | 250m: 2:56.97 | 35.80 | 350m: 4:08.58  |  |  |  | 35.79 |
| 100m: 1:07.13 36.20     | 200m: 2:21.17 | 37.53                      | 300m: 3:32.79 | 35.82 | 400m: 4:43.50  |  |  |  | 34.92 |

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Konkurencja 32, Chłopców, 400m dowolny, 14 - 15 lat

| Pozycja | Rok ur.             |         |       |       |                            |       |       |         | Czas           |       | Pkt.    |       |
|---------|---------------------|---------|-------|-------|----------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 18.     | URBANEK Damian      |         |       | 10    | UKS G-8 Bielany Warszawa   |       |       |         | <b>4:45.20</b> |       | 412     |       |
|         | 50m:                | 30.98   | 30.98 | 150m: | 1:42.07                    | 36.18 | 250m: | 2:54.63 | 36.42          | 350m: | 4:07.89 | 36.37 |
|         | 100m:               | 1:05.89 | 34.91 | 200m: | 2:18.21                    | 36.14 | 300m: | 3:31.52 | 36.89          | 400m: | 4:45.20 | 37.31 |
| 19.     | ANDRZEJUK Jan       |         |       | 10    | UKS „GIM 92 Ursynów"       |       |       |         | <b>4:49.38</b> |       | 394     |       |
|         | 50m:                | 32.51   | 32.51 | 150m: | 1:45.45                    | 37.03 | 250m: | 2:59.09 | 36.98          | 350m: | 4:13.19 | 36.60 |
|         | 100m:               | 1:08.42 | 35.91 | 200m: | 2:22.11                    | 36.66 | 300m: | 3:36.59 | 37.50          | 400m: | 4:49.38 | 36.19 |
| 20.     | TERLECKI Piotr      |         |       | 11    | UKP „Polonia Warszawa"     |       |       |         | <b>4:52.69</b> |       | 381     |       |
|         | 50m:                | 32.22   | 32.22 | 150m: | 1:46.21                    | 37.78 | 250m: | 3:01.66 | 38.00          | 350m: | 4:17.09 | 37.52 |
|         | 100m:               | 1:08.43 | 36.21 | 200m: | 2:23.66                    | 37.45 | 300m: | 3:39.57 | 37.91          | 400m: | 4:52.69 | 35.60 |
| 21.     | DYBALSKI Filip      |         |       | 10    | Buks                       |       |       |         | <b>4:53.87</b> |       | 376     |       |
|         | 50m:                | 32.18   | 32.18 | 150m: | 1:44.61                    | 36.87 | 250m: | 2:59.97 | 38.00          | 350m: | 4:17.11 | 38.92 |
|         | 100m:               | 1:07.74 | 35.56 | 200m: | 2:21.97                    | 37.36 | 300m: | 3:38.19 | 38.22          | 400m: | 4:53.87 | 36.76 |
| 22.     | ROSA Michał         |         |       | 11    | MKS „Jagiellonka" Warszawa |       |       |         | <b>5:00.37</b> |       | 352     |       |
|         | 50m:                | 34.71   | 34.71 | 150m: | 1:53.14                    | 40.26 | 250m: | 3:10.02 | 38.41          | 350m: | 4:25.18 | 37.43 |
|         | 100m:               | 1:12.88 | 38.17 | 200m: | 2:31.61                    | 38.47 | 300m: | 3:47.75 | 37.73          | 400m: | 5:00.37 | 35.19 |
| 23.     | STĘCLIK Jan         |         |       | 11    | UKS Żoliborz               |       |       |         | <b>5:05.26</b> |       | 336     |       |
|         | 50m:                | 35.69   | 35.69 | 150m: | 1:54.19                    | 38.96 | 250m: | 3:12.83 | 39.33          | 350m: | 4:29.43 | 37.53 |
|         | 100m:               | 1:15.23 | 39.54 | 200m: | 2:33.50                    | 39.31 | 300m: | 3:51.90 | 39.07          | 400m: | 5:05.26 | 35.83 |
| 24.     | SMOLAREK Stanisław  |         |       | 11    | UKS „GIM 92 Ursynów"       |       |       |         | <b>5:08.47</b> |       | 325     |       |
|         | 50m:                | 33.57   | 33.57 | 150m: | 1:50.84                    | 39.24 | 250m: | 3:10.38 | 39.73          | 350m: | 4:30.62 | 40.17 |
|         | 100m:               | 1:11.60 | 38.03 | 200m: | 2:30.65                    | 39.81 | 300m: | 3:50.45 | 40.07          | 400m: | 5:08.47 | 37.85 |
| 25.     | ADAMSKI Mikołaj     |         |       | 11    | UKP „Polonia Warszawa"     |       |       |         | <b>5:20.92</b> |       | 289     |       |
|         | 50m:                | 34.69   | 34.69 | 150m: | 1:56.02                    | 40.99 | 250m: | 3:19.57 | 41.15          | 350m: | 4:42.32 | 41.40 |
|         | 100m:               | 1:15.03 | 40.34 | 200m: | 2:38.42                    | 42.40 | 300m: | 4:00.92 | 41.35          | 400m: | 5:20.92 | 38.60 |
| 26.     | LESZCZYŃSKI Gabriel |         |       | 10    | IUKS „Muszelka" Warszawa   |       |       |         | <b>5:27.52</b> |       | 272     |       |
|         | 50m:                | 34.68   | 34.68 | 150m: | 1:54.57                    | 41.01 | 250m: | 3:20.61 | 43.62          | 350m: | 4:46.55 | 43.47 |
|         | 100m:               | 1:13.56 | 38.88 | 200m: | 2:36.99                    | 42.42 | 300m: | 4:03.08 | 42.47          | 400m: | 5:27.52 | 40.97 |