

Grand Prix Polski w Aquathlonie
Mi sk Mazowiecki, 12.4.2026

Konkurencja 9
12.04.2026

Kobiet, 400m dowolny

18 lat i starsi
Wyniki

Punkty: AQUA 2025

Pozycja			Rok ur.					Czas	Pkt.
1.	BRONIAREK, Pamela		95	UKS NAWA Skierniewice				5:31.21	335
	50m:	37.18 37.18	150m:	2:00.07 41.70	250m:	3:23.78 42.08	350m:	4:49.19 42.92	
	100m:	1:18.37 41.19	200m:	2:41.70 41.63	300m:	4:06.27 42.49	400m:	5:31.21 42.02	
2.	SZYSZKA, Aleksandra		77	Woc Moc				6:53.97	172
	50m:	42.92 42.92	150m:	2:21.69 51.14	250m:	4:09.53 54.25	350m:	5:59.69 54.99	
	100m:	1:30.55 47.63	200m:	3:15.28 53.59	300m:	5:04.70 55.17	400m:	6:53.97 54.28	
3.	SŁYK, Hanna		05	Bez Wstawionej Nazwy Klubu				7:17.06	146
	50m:	44.76 44.76	150m:	2:28.05 53.71	250m:	4:23.74 58.77	350m:	6:21.55 59.26	
	100m:	1:34.34 49.58	200m:	3:24.97 56.92	300m:	5:22.29 58.55	400m:	7:17.06 55.51	
4.	MICHNA, Aleksandra		80	Olszty ska Szkółka Triathlonu				7:27.44	136
	50m:	51.49 51.49	150m:	6:09.47 34.94	250m:		350m:		
	100m:	5:34.53 4:43.04	200m:	7:05.83 56.36	300m:		400m:	7:27.44	
5.	GOLBA, Anna		76	V-Max Adamów				8:11.00	103
	50m:	53.69 53.69	150m:	2:58.43 1:04.13	250m:	5:05.13 1:03.34	350m:	7:10.13 1:01.20	
	100m:	1:54.30 1:00.61	200m:	4:01.79 1:03.36	300m:	6:08.93 1:03.80	400m:	8:11.00 1:00.87	
6.	KALWAJTYS, Anna		82	Trimasters				9:02.16	76
	50m:	57.94 57.94	150m:	3:14.80 1:11.09	250m:	5:33.99 1:08.95	350m:	7:54.04 1:11.36	
	100m:	2:03.71 1:05.77	200m:	4:25.04 1:10.24	300m:	6:42.68 1:08.69	400m:	9:02.16 1:08.12	
7.	STANKIEWICZ, Milena		75	Perfect Team J zyki Obce				9:28.31	66
	50m:	1:06.78 1:06.78	150m:	3:30.28 1:12.32	250m:	5:55.47 1:13.10	350m:	8:17.46 1:09.46	
	100m:	2:17.96 1:11.18	200m:	4:42.37 1:12.09	300m:	7:08.00 1:12.53	400m:	9:28.31 1:10.85	
8.	PISKORSKA, Agata		85	Klub Biegacza V-Max Adamów				12:26.95	29
	50m:	1:18.80 1:18.80	150m:	4:20.37 1:35.90	250m:	7:34.16 1:38.42	350m:	10:51.21 1:38.13	
	100m:	2:44.47 1:25.67	200m:	5:55.74 1:35.37	300m:	9:13.08 1:38.92	400m:	12:26.95 1:35.74	