

Warszawska Olimpiada Młodzieży rocznik 2011-2012
Warszawa, 21. - 22.5.2026

Konkurencja 32
22.05.2026 - 12:01

Chłopców, 400m dowolny

14 - 15 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.										Czas	Pkt.
1.	KACZMAREK, Mikołaj	11	UKS „GIM 92 Ursynów"								3:55.05	736
	50m: 27.11 27.11	150m: 1:26.80	30.39	250m: 2:27.07	30.11	350m: 3:26.65	29.55					
	100m: 56.41 29.30	200m: 1:56.96	30.16	300m: 2:57.10	30.03	400m: 3:55.05	28.40					
2.	SUSLIK, Adam	11	UKS „GIM 92 Ursynów"								4:07.69	629
	50m: 28.25 28.25	150m: 1:31.28	31.89	250m: 2:35.00	31.67	350m: 3:38.49	31.73					
	100m: 59.39 31.14	200m: 2:03.33	32.05	300m: 3:06.76	31.76	400m: 4:07.69	29.20					
3.	BEDYŃSKI, Jakub	11	MKS „Jagiellonka" Warszawa								4:20.25	542
	50m: 27.67 27.67	150m: 1:31.01	32.54	250m: 2:39.18	33.96	350m: 3:47.41	34.16					
	100m: 58.47 30.80	200m: 2:05.22	34.21	300m: 3:13.25	34.07	400m: 4:20.25	32.84					
4.	GRAF, Tymon	11	UKP „Polonia Warszawa"								4:25.18	512
	50m: 29.75 29.75	150m: 1:38.38	34.47	250m: 2:46.87	34.23	350m: 3:54.87	34.31					
	100m: 1:03.91 34.16	200m: 2:12.64	34.26	300m: 3:20.56	33.69	400m: 4:25.18	30.31					
5.	BOGUCKI, Jan	11	UKS G-8 Bielany Warszawa								4:29.72	487
	50m: 28.46 28.46	150m: 1:37.01	34.71	250m: 2:45.71	34.30	350m: 3:55.55	35.56					
	100m: 1:02.30 33.84	200m: 2:11.41	34.40	300m: 3:19.99	34.28	400m: 4:29.72	34.17					
6.	KUSYK, Franciszek	11	MKS „Jagiellonka" Warszawa								4:30.73	481
	50m: 28.90 28.90	150m: 1:36.41	34.38	250m: 2:46.29	34.90	350m: 3:56.35	34.87					
	100m: 1:02.03 33.13	200m: 2:11.39	34.98	300m: 3:21.48	35.19	400m: 4:30.73	34.38					
7.	KRUPA, Filip	11	UKP „Polonia Warszawa"								4:31.14	479
	50m: 30.14 30.14	150m: 1:38.40	34.41	250m: 2:48.23	34.86	350m: 3:58.20	34.90					
	100m: 1:03.99 33.85	200m: 2:13.37	34.97	300m: 3:23.30	35.07	400m: 4:31.14	32.94					
8.	BARYCKI, Fryderyk	11	UKP „Polonia Warszawa"								4:31.98	475
	50m: 30.08 30.08	150m: 1:39.54	35.22	250m: 2:49.76	35.05	350m: 3:59.18	34.49					
	100m: 1:04.32 34.24	200m: 2:14.71	35.17	300m: 3:24.69	34.93	400m: 4:31.98	32.80					
9.	GROCHALA, Aleks	12	UKS „GIM 92 Ursynów"								4:32.35	473
	50m: 30.45 30.45	150m: 1:39.35	34.79	250m: 2:49.68	35.09	350m: 3:59.45	34.59					
	100m: 1:04.56 34.11	200m: 2:14.59	35.24	300m: 3:24.86	35.18	400m: 4:32.35	32.90					
10.	KANIEWSKI, Szymon	11	UKS „GIM 92 Ursynów"								4:32.48	472
	50m: 31.91 31.91	150m: 1:42.20	34.75	250m: 2:51.63	34.29	350m: 3:59.62	33.89					
	100m: 1:07.45 35.54	200m: 2:17.34	35.14	300m: 3:25.73	34.10	400m: 4:32.48	32.86					
11.	ZAWISZEWSKI, Emil	12	UKS G-8 Bielany Warszawa								4:32.85	470
	50m: 31.46 31.46	150m: 1:41.83	35.62	250m: 2:51.95	34.99	350m: 4:01.72	34.40					
	100m: 1:06.21 34.75	200m: 2:16.96	35.13	300m: 3:27.32	35.37	400m: 4:32.85	31.13					
12.	NIEDZIAŁKOWSKI, Tymon	12	UKS G-8 Bielany Warszawa								4:33.05	469
	50m: 30.99 30.99	150m: 1:41.78	35.90	250m: 2:51.87	34.79	350m: 4:00.96	34.36					
	100m: 1:05.88 34.89	200m: 2:17.08	35.30	300m: 3:26.60	34.73	400m: 4:33.05	32.09					
13.	ŻÓŁTOWSKI, Adam	11	MKS „Jagiellonka" Warszawa								4:34.10	464
	50m: 30.58 30.58	150m: 1:39.75	34.62	250m: 2:49.76	34.89	350m: 4:00.70	35.48					
	100m: 1:05.13 34.55	200m: 2:14.87	35.12	300m: 3:25.22	35.46	400m: 4:34.10	33.40					
14.	SZYMANEK, Marcin	11	UKS G-8 Bielany Warszawa								4:35.83	455
	50m: 30.16 30.16	150m: 1:39.75	35.16	250m: 2:51.57	35.82	350m: 4:02.43	35.01					
	100m: 1:04.59 34.43	200m: 2:15.75	36.00	300m: 3:27.42	35.85	400m: 4:35.83	33.40					
15.	POTENTAS, Antoni	11	UKS G-8 Bielany Warszawa								4:37.21	448
	50m: 31.00 31.00	150m: 1:43.14	36.16	250m: 2:54.99	35.34	350m: 4:06.16	34.63					
	100m: 1:06.98 35.98	200m: 2:19.65	36.51	300m: 3:31.53	36.54	400m: 4:37.21	31.05					
16.	NOJSZEWSKI, Kacper	12	UKS „Skalar" Warszawa								4:37.74	446
	50m: 30.91 30.91	150m: 1:40.71	35.19	250m: 2:52.66	36.02	350m: 4:04.65	36.06					
	100m: 1:05.52 34.61	200m: 2:16.64	35.93	300m: 3:28.59	35.93	400m: 4:37.74	33.09					
17.	TROŚCIAŃCZYK, Kajetan	12	MKS „Jagiellonka" Warszawa								4:38.48	442
	50m: 30.61 30.61	150m: 1:41.05	36.02	250m: 2:54.21	36.57	350m: 4:06.16	35.44					
	100m: 1:05.03 34.42	200m: 2:17.64	36.59	300m: 3:30.72	36.51	400m: 4:38.48	32.32					

Warszawska Olimpiada Młodzieży rocznik 2011-2012
Warszawa, 21. - 22.5.2026

Konkurencja 32, Chłopców, 400m dowolny, 14 - 15 lat

Pozycja	Rok ur.								Czas	Pkt.
18.	KUR, Stanisław	12	MKS „Jagiellonka" Warszawa					4:38.68	441	
	50m: 30.97 30.97	150m: 1:42.64 36.25	250m: 2:54.68 35.83	350m: 4:05.81 34.92						
	100m: 1:06.39 35.42	200m: 2:18.85 36.21	300m: 3:30.89 36.21	400m: 4:38.68 32.87						
19.	TERLECKI, Piotr	11	UKP „Polonia Warszawa"					4:38.84	441	
	50m: 30.68 30.68	150m: 1:41.77 36.25	250m: 2:53.21 36.02	350m: 4:05.18 36.02						
	100m: 1:05.52 34.84	200m: 2:17.19 35.42	300m: 3:29.16 35.95	400m: 4:38.84 33.66						
20.	PAWLAK, Franciszek	12	UKP „Polonia Warszawa"					4:40.46	433	
	50m: 30.84 30.84	150m: 1:40.36 35.57	250m: 2:53.38 36.80	350m: 4:06.05 36.28						
	100m: 1:04.79 33.95	200m: 2:16.58 36.22	300m: 3:29.77 36.39	400m: 4:40.46 34.41						
21.	HAIDUKOVICH, Yahor	11	UKS Manta Warszawa Włochy					4:44.63	414	
	50m: 30.66 30.66	150m: 1:41.34 36.09	250m: 2:55.18 37.13	350m: 4:09.00 36.75						
	100m: 1:05.25 34.59	200m: 2:18.05 36.71	300m: 3:32.25 37.07	400m: 4:44.63 35.63						
22.	DENIS, Krzysztof	12	UKS G-8 Bielany Warszawa					4:52.99	380	
	50m: 31.97 31.97	150m: 1:45.65 37.32	250m: 3:01.65 38.06	350m: 4:17.24 37.78						
	100m: 1:08.33 36.36	200m: 2:23.59 37.94	300m: 3:39.46 37.81	400m: 4:52.99 35.75						
23.	BOJANOWSKI, Filip	11	UKP „Polonia Warszawa"					4:55.91	369	
	50m: 31.96 31.96	150m: 1:44.62 37.32	250m: 3:01.51 38.99	350m: 4:19.30 38.57						
	100m: 1:07.30 35.34	200m: 2:22.52 37.90	300m: 3:40.73 39.22	400m: 4:55.91 36.61						
24.	STĘCŁIK, Jan	11	UKS Żoliborz					4:59.09	357	
	50m: 33.86 33.86	150m: 1:52.35 39.60	250m: 3:08.65 37.75	350m: 4:24.33 37.44						
	100m: 1:12.75 38.89	200m: 2:30.90 38.55	300m: 3:46.89 38.24	400m: 4:59.09 34.76						
25.	KAMIŃSKI, Ignacy	11	UKP „Polonia Warszawa"					5:04.17	339	
	50m: 34.11 34.11	150m: 1:51.01 38.51	250m: 3:08.94 39.25	350m: 4:26.66 38.94						
	100m: 1:12.50 38.39	200m: 2:29.69 38.68	300m: 3:47.72 38.78	400m: 5:04.17 37.51						
26.	ŁĄCZYŃSKI, Mateusz	12	MKS „Jagiellonka" Warszawa					5:06.14	333	
	50m: 33.16 33.16	150m: 1:49.57 38.45	250m: 3:08.37 39.63	350m: 4:28.41 39.87						
	100m: 1:11.12 37.96	200m: 2:28.74 39.17	300m: 3:48.54 40.17	400m: 5:06.14 37.73						
27.	WNĘT, Wiktor	11	UKS "Wodnik Gocław"					5:08.72	324	
	50m: 33.28 33.28	150m: 1:50.67 39.38	250m: 3:10.89 39.96	350m: 4:31.33 40.18						
	100m: 1:11.29 38.01	200m: 2:30.93 40.26	300m: 3:51.15 40.26	400m: 5:08.72 37.39						
28.	GRONOWSKI, Mateusz	12	UKS 307 Warszawa					5:19.24	293	
	50m: 34.72 34.72	150m: 1:54.56 40.94	250m: 3:17.57 41.57	350m: 4:41.20 41.56						
	100m: 1:13.62 38.90	200m: 2:36.00 41.44	300m: 3:59.64 42.07	400m: 5:19.24 38.04						
29.	JANCZAREK, Jakub	12	MKS „Jagiellonka" Warszawa					5:19.53	293	
	50m: 36.21 36.21	150m: 1:56.00 40.77	250m: 3:18.44 40.60	350m: 4:40.06 40.32						
	100m: 1:15.23 39.02	200m: 2:37.84 41.84	300m: 3:59.74 41.30	400m: 5:19.53 39.47						
30.	GRODZKI, Kajetan	12	UKS G-8 Bielany Warszawa					5:21.15	288	
	50m: 36.60 36.60	150m: 1:57.68 41.11	250m: 3:21.17 42.19	350m: 4:44.12 41.22						
	100m: 1:16.57 39.97	200m: 2:38.98 41.30	300m: 4:02.90 41.73	400m: 5:21.15 37.03						
31.	BOGUCKI, Filip	11	UKS "Wodnik Gocław"					5:24.86	278	
	50m: 34.27 34.27	150m: 1:54.22 40.88	250m: 3:19.78 43.20	350m: 4:47.37 43.75						
	100m: 1:13.34 39.07	200m: 2:36.58 42.36	300m: 4:03.62 43.84	400m: 5:24.86 37.49						
32.	SZYMAŃSKI-SZCZEPANIK, Kornel	12	UKS Żoliborz					5:35.54	253	
	50m: 36.98 36.98	150m: 2:01.44 43.16	250m: 3:27.53 43.21	350m: 4:54.24 43.51						
	100m: 1:18.28 41.30	200m: 2:44.32 42.88	300m: 4:10.73 43.20	400m: 5:35.54 41.30						
33.	PULCYN, Tadeusz	12	UKS 48 Warszawa Śródmieście					5:59.04	206	
	50m: 37.08 37.08	150m: 2:06.61 45.37	250m: 3:40.22 46.98	350m: 5:14.00 46.97						
	100m: 1:21.24 44.16	200m: 2:53.24 46.63	300m: 4:27.03 46.81	400m: 5:59.04 45.04						