

Warszawska Olimpiada Młodzieży rocznik 2008,2009,2010
Warszawa, 27. - 28.5.2026

Konkurencja 31
28.05.2026 - 11:11

Dziewcząt, 400m dowolny

16 - 18 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.										Czas	Pkt.
1.	RESZKO Lena			09	UKP „Polonia Warszawa"					4:28.06	633	
	50m:	30.71	30.71	150m:	1:38.82	34.31	250m:	2:46.82	33.42	350m:	3:54.73	33.79
	100m:	1:04.51	33.80	200m:	2:13.40	34.58	300m:	3:20.94	34.12	400m:	4:28.06	33.33
2.	KUCZMAR Aleksandra			09	UKP „Polonia Warszawa"					4:33.10	599	
	50m:	31.05	31.05	150m:	1:38.89	34.35	250m:	2:47.92	34.27	350m:	3:58.39	35.33
	100m:	1:04.54	33.49	200m:	2:13.65	34.76	300m:	3:23.06	35.14	400m:	4:33.10	34.71
3.	ORNOWSKA Zuzanna			08	UKP „Polonia Warszawa"					4:35.10	586	
	50m:	31.27	31.27	150m:	1:40.92	35.24	250m:	2:52.07	35.63	350m:	4:02.17	35.00
	100m:	1:05.68	34.41	200m:	2:16.44	35.52	300m:	3:27.17	35.10	400m:	4:35.10	32.93
4.	EKIERT Gabriela			09	UKP „Polonia Warszawa"					4:35.23	585	
	50m:	31.53	31.53	150m:	1:42.68	36.01	250m:	2:53.37	35.05	350m:	4:02.46	34.37
	100m:	1:06.67	35.14	200m:	2:18.32	35.64	300m:	3:28.09	34.72	400m:	4:35.23	32.77
5.	SZTREKER-WÓJCIK Iga			09	UKS G-8 Bielany Warszawa					4:38.13	567	
	50m:	31.71	31.71	150m:	1:40.61	35.03	250m:	2:52.67	36.35	350m:	4:05.64	36.54
	100m:	1:05.58	33.87	200m:	2:16.32	35.71	300m:	3:29.10	36.43	400m:	4:38.13	32.49
6.	MATOWICKA Maja			10	UKP „Polonia Warszawa"					4:38.21	566	
	50m:	31.45	31.45	150m:	1:40.79	35.35	250m:	2:51.61	35.31	350m:	4:03.59	35.77
	100m:	1:05.44	33.99	200m:	2:16.30	35.51	300m:	3:27.82	36.21	400m:	4:38.21	34.62
7.	CZECHMAŃSKA Antonina			10	UKP „Polonia Warszawa"					4:38.97	562	
	50m:	32.08	32.08	150m:	1:42.44	35.48	250m:	2:53.83	35.51	350m:	4:04.90	35.70
	100m:	1:06.96	34.88	200m:	2:18.32	35.88	300m:	3:29.20	35.37	400m:	4:38.97	34.07
8.	STACHEWICZ Magdalena			09	AZS AWF Warszawa					4:41.21	548	
	50m:	32.59	32.59	150m:	1:44.45	36.38	250m:	2:56.53	36.05	350m:	4:07.05	34.74
	100m:	1:08.07	35.48	200m:	2:20.48	36.03	300m:	3:32.31	35.78	400m:	4:41.21	34.16
9.	TOMASZEWSKA Kaja			09	UKP „Polonia Warszawa"					4:47.18	515	
	50m:	32.69	32.69	150m:	1:44.95	35.86	250m:	2:58.80		350m:	4:11.36	36.56
	100m:	1:09.09	36.40	200m:			300m:	3:34.80	36.00	400m:	4:47.18	35.82
10.	BALAS Maria			08	UKS 307 Warszawa					4:56.39	468	
	50m:	33.46	33.46	150m:	1:47.69	37.42	250m:	3:04.42	38.43	350m:	4:21.21	38.13
	100m:	1:10.27	36.81	200m:	2:25.99	38.30	300m:	3:43.08	38.66	400m:	4:56.39	35.18
11.	PIETRASZEWICZ Roksana			10	UKP „Polonia Warszawa"					4:58.06	460	
	50m:	34.09	34.09	150m:	1:48.94	37.75	250m:	3:05.24	38.17	350m:	4:21.31	37.98
	100m:	1:11.19	37.10	200m:	2:27.07	38.13	300m:	3:43.33	38.09	400m:	4:58.06	36.75
12.	STACHEWICZ Aleksandra			09	AZS AWF Warszawa					4:59.70	453	
	50m:	34.20	34.20	150m:	1:50.05	38.41	250m:	3:07.05	38.70	350m:	4:23.29	38.00
	100m:	1:11.64	37.44	200m:	2:28.35	38.30	300m:	3:45.29	38.24	400m:	4:59.70	36.41